

MARKET AT A GLANCE

Thursday, 16 July 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	52658.64	0.29
Shanghai	3912.38	-1.09
Sensex	77185.43	0.17
MSCI Asia Pacific	272.646	2.00

Currencies

Currencies	Rate	% Chg
USDINR	96.25	0.05
EURUSD	1.1466	0.03
USDJPY	162.05	-0.08
Dollar Index	100.484	0.00

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4050.60	-0.03
Silver (\$/oz)	57.31	0.13
NYMEX Crude Oil (\$/bbl)	80.1	0.63
NYMEX NG (\$/mmbtu)	2.899	-0.85
LME Copper (\$/T)	13581.5	-0.18
LME NICKEL (\$/T)	16803	-0.20
LME LEAD (\$/T)	1852.5	0.11
LME ZINC (\$/T)	3557	0.15
LME ALUMINIUM (\$/T)	3157	0.13

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	141820	-0.04
Silver mini	224815	-0.02
Crude oil	7715	0.45
Natural Gas	279.9	-0.66
Copper	1308.70	-0.22
Nickel	1608	0.06
Lead	198.60	0.10
Zinc	374.10	0.15
Aluminium	342.80	0.20

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Stiff support is seen at \$4000, which if hold expect mild recovery upticks.	↔
Silver LBMA Spot	While below \$60 weak bias may continue in the counter. Upside reversal point is placed at \$70.	↔
Crude Oil NYMEX	As long as prices stay above \$68 expect mild recovery rallies for the day.	↔
MCX	Technical Commentary	Outlook
Gold KG Aug	Prices remains choppy with chances for mild recovery upticks.	↔
Silver KG Jul	Choppy trading expected initially. However, upside turnaround point is seen at Rs 253000.	↔
Crude Oil Jul	Gap up opening expected. Anyhow, stiff upside obstacle is seen at Rs 7200.	↔
Natural Gas Jul	A direct drop below Rs 272 would extend selling pressure. Else mild recovery upticks expected.	↔
Copper Jul	If unable to break the support of Rs 1200, there are potential turnaround in prices.	↔
Nickel Jul	Support is placed at Rs 1550, which if cleared would extend weakness.	↔
ZincM Jul	Corrective selloffs are likely but stiff support is placed at Rs 350.	↔
LeadM Jul	Expect choppy trading but major support is placed at Rs 195.	↔
Alumini Jul	Stiff support is seen at Rs 324 which if remain undisturbed expect a mild recovery in prices.	↔

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD AUG6	141193	139703	138702	142194	143684	144685	146175
	GOLDM SEP6	140738	138881	137700	141919	143776	144957	146814
	GOLDGUINEA JUL6	113612	112261	111421	114452	115803	116643	117994
	SILVER SEP6	219675	215049	212176	222548	227174	230047	234673
	SILVERM NOV6	229712	224888	221947	232653	237477	240418	245242
	SILVERMIC NOV6	229542	224635	221522	232655	237562	240675	245582
BASE METALS	COPPER AUG6	1320.4	1308.6	1302.2	1326.8	1338.7	1345.1	1356.9
	LEAD AUG6	199.3	200.2	201.2	198.4	197.5	196.5	195.6
	ZINC AUG6	371.8	369.2	367.4	373.7	376.3	378.1	380.7
	ALUMINIUM AUG6	343.4	341.9	340.9	344.4	345.9	346.9	348.4
ENERGY	NATURALGAS JUL6	275.1	273.1	270.4	277.8	279.8	282.5	284.5
	CRUDEOIL JUL6	7614	7471	7362	7723	7866	7975	8118
INDICES	MCX BULLDEX	22241	11121	22241	11121	22241	11121	22241

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD JUL26	3961.9	3926.3	3866.8	4021.4	4057.0	4116.5	4152.1
	SILVR 5000 JUL26	57.00	56.49	55.46	58.02	58.53	59.56	60.07
	LIGHT CRUDE AUG6	74.21	70.43	68.24	76.40	80.18	82.37	86.15
	NAT GAS AUG26	2.85	2.79	2.74	2.90	2.95	3.01	3.06
	HG COPPER JUL26	6.21	6.19	6.15	6.25	6.28	6.32	6.34
LME	ZINC	3075	3131	2981	3225	3169	3319	3263
	LEAD	1856	1887	1834	1909	1878	1931	1900
	ALUMINIUM	1921	2648	1852	2717	1990	2786	2059

BULLISH 
 BEARISH 
 MLD BULLISH 
 MILD BEARISH 
 +RANGE BOUND 
 - RANGE BOUND 

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